



**VA Weight Loss**  
**Arjun Medical Center, PC**  
 7350 Heritage Village Plaza, Suite 101  
 Gainesville, VA 20155  
 Ph: 571-248-6666 Fax: 571-248-6667

**AUTHORIZATION TO RELEASE HEALTH  
 INFORMATION TO MY PRIMARY  
 PHYSICIAN**

ALL SECTIONS MUST BE COMPLETED

**RELEASE HEALTH INFORMATION**

Request Health Information from:

Name/Title/Organization \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Date(s) of Service \_\_\_\_\_

I authorize "the entity stated above" to release the above named individual's health information as described below:

1. The type and amount of information to be used or disclosed is as follows:

- |                            |                       |                 |
|----------------------------|-----------------------|-----------------|
| History and Physical *     | Consultation Report * | Complete Chart* |
| Operative Note *           | Laboratory Results *  | HIV Records *   |
| Pathology Report *         | Nurses' Note *        | Other           |
| Radiology/Imaging Report * | Progress Notes *      |                 |
| EKG Report *               | Physicians' Orders *  |                 |

\* I understand that minimum necessary guidelines of HIPAA may apply.

\* I have marked the applicable boxes if I am requesting HIV records to be released.

These records will not be released with the "complete chart" unless specifically requested.

2. This information may be used, disclosed to and used by the following organization:

**Arjun Medical Center, PC**

7350 Heritage Village Plaza, Suite 101

Gainesville, VA 20155

Ph: (571) 248-6666 Fax: (571) 248-6667

3. For the purpose of:                      At the request of individual                      Other
4. I understand that the information may be redisclosed by the person or entity identified above and will no longer be protected by federal privacy regulations. I further understand that I may revoke this consent to release information at any time by notifying the Privacy Officer in writing of my revocation, except where actions have already been taken in reliance upon this authorization.
5. Unless otherwise revoked, the authorization will expire on the following date, event or condition:

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If I fail to specify an expiration date, event or condition, this authorization will expire in six months from the date of the signing.

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SIGNATURE

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DATE

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IF SIGNED BY LEGAL REPRESENTATIVE,  
RELATIONSHIP TO PATIENT

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SIGNATURE OF WITNESS

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DATE